

AGE GROUP CHAMPIONSHIPS 2023

LIDO POOL, PALMERSTON NORTH

SATURDAY 4 February 2023

Session 1 – 8.25am warm up, 9.00am start

Male	Female	Event
1	2	200m Medley
3	4	50m Backstroke
5	6	100m Freestyle
7	8	200m Butterfly
9	10	400m Freestyle relay 13 yrs and under
11	12	400m Freestyle relay 14 yrs and over

Session 2 – 2.25pm warm up, 3.00pm start

Male	Female	Event
13	14	200m Backstroke
15	16	50m Butterfly
17	18	100m Breaststroke
19	20	400m Freestyle

SUNDAY 5 February 2023

Session 3 – 8.25am warm up, 9.00am start

Male	Female	Event
21	22	200m Breaststroke
23	24	50m Freestyle
25	26	100m Butterfly
27	28	400m Medley relay 13 yrs and under
29	30	400m Medley relay 14 yrs and over

Session 4 – 2.25pm warm up, 3.00pm start

Male	Female	Event
31	32	200m Freestyle
33	34	50m Breaststroke
35	36	100m Backstroke
37	38	400m Medley



SWIMMING MANAWATU AGE GROUP CHAMPIONSHIPS 2023 MEET CONDITIONS



- **Entry via the SNZ database, closing time for entries is 10:00pm on 27 January 2023. Relay entries close 29 January 2023 at 6:00pm.**
 - **ENTRY FEES: \$8.50 per event must be received prior to the meet. \$1.00 from each entry fee will go to the Hokowhitu Fund.**
 - **Times are required for all events – NT's will not be accepted.**
 - All swimmers must be financial competitive members of SNZ.
 - Pool will be open from 8.15am for morning sessions and 2.15pm for afternoon sessions – spectators free.
 - One sprint lane will be available for all of warm up.
 - No water is available for either warm up or warm down during the sessions.
 - Conducted under FINA, SNZ & Para Rules.
 - All participants must agree to comply with the Sports Anti-Doping Rules.
 - **All Events TIMED FINALS**
 - SNZ Policy 008 will apply. Scratchings from all events must be received before the conclusion of the preceding session. Session 1 scratchings must be received by 7pm the preceding (Friday) evening. The scratching penalty fee will be \$50.00. The Protest fee will be \$100.00.
 - Refunds will be made up to 31 January 2023, thereafter on production of a Medical Certificate presented on the day.
 - Age is at the first day of championships – **4 February 2023.**
 - 400m events may be restricted to fastest 28 swimmers only.
 - A 10 minute break may be held half way through each session.
 - Swimming Manawatu reserves the right to alter the programme and to limit entries should the need arise.
 - Results will be published in Age Group format: 8yrs & under, 9, 10, 11, 12, 13, 14, 15, 16 and over, Open Para. Medals will be awarded to the 1st, 2nd and 3rd place getters in each age group. Two visitor's medals **only** will be awarded in the age groups 8yrs & under, 9, 10, 11 and 12 years. Medals will only be presented if there is sufficient time at the end of each session. A same gender representative may stand in to collect a medal if the recipient is unavailable. If there is no swimmer or representative in attendance, the medal will not be presented. Medals may be collected by the Team Manager
 - Relay events are 4 x 100m, there is no entry fee for relays.
 - Time Trials (\$20.00 fee) may be accepted at the discretion of the Race Secretary but only if lane space is available – heats will not be reseeded. Applications will be accepted on a first in basis.
 - **Manawatu trophies awarded:** Keith Oliver Cups Boys and Girls 9 Years; Clough Cup – Boys 8 Years; Rolle Cup – Girls 8 Years.
 - An official photographer may be in attendance.
- Liability Disclaimer: Swimming Manawatu, its representatives, officials or its contractors will not accept any liability for any accident, loss, damage or injury to swimmers, spectators, officials or any other person or property caused by their negligence, breach of contract or in any other way whatsoever.*
- Psych sheets will be available on the Manawatu website – www.manawatu.swimming.org.nz
- Enquiries: Race Secretary, email: manswim.racing@gmail.com